



## **Now Accepting Referrals for PSYCHOEDUCATIONAL ASSESSMENTS**

True North Psychological Services is pleased to announce the addition of two school psychologists to our New Minas team, which has allowed us to expand our assessment services. We now have a lot of availability to offer psychoeducational assessments to local students this fall and winter.

**Please contact us to book your assessment today at 902-681-0235 or through our website [www.truenorthpsychological.com](http://www.truenorthpsychological.com)**

### **What is a psychoeducational assessment?**

A psychoeducational assessment is a comprehensive evaluation of cognitive abilities (thinking, reasoning, memory, visual skills), core academic areas (reading, writing, math, oral language), and any accompanying behavioural challenges (inattention, hyperactivity, impulsivity). Possible outcomes include identification or ruling out of Specific Learning Disabilities or Disorders, Attention-Deficit Hyperactivity Disorder (ADHD), Intellectual Disability, or Giftedness.

### **Who should be referred?**

Students who are not achieving at an expected level in school, who require a high degree of support in order to achieve learning outcomes, and/or are having behavioural challenges are good candidates for these types of assessments. Some university students, or adults returning to university, who already have a diagnosis, may require an updated assessment to access particular accommodations.

### **What is involved?**

The assessment involves an initial intake interview with parents (if client is a child/teen) or with the client for an adult assessment. Next, 5-6 hours of one-on-one testing is completed to assess cognitive abilities and academic skills. The clinician will also consult with teachers and review report cards and educational history. Results of the assessment and recommendations for intervention and future steps are reviewed with parents and/or student in a feedback meeting, and a comprehensive report is provided that outlines assessment procedures, results, and recommendations. A feedback meeting with school personnel can also be arranged.

### **What are the benefits of having this assessment done?**

- understanding and acceptance of learning differences
- accessing available programs through school or community
- recommendations for the classroom to support academic functioning
- eligibility to apply for funding post-secondary education (disability/accessibility grants)