

Please be advised that effective July 1, 2021 the hourly rate for Psychological Services performed by Psychologists with True North Psychological Services will increase from \$190 to \$210 per hour.

The Association of Psychologists of Nova Scotia (APNS) has set the recommended fee for psychological services provided by Psychologists registered with the Nova Scotia Board of Examiners in Psychology at \$210 per hour.

This fee increase is based on a review of other psychology association rates across Canada. The review compared our rates to those being charged by other mental health professionals in Nova Scotia. Our rate was last revised in July 2018.

Please keep in mind that there may be differences in fees depending on the nature of services provided. To that end we have expanded our recommended fee structure to include group, couple, family therapy and assessment services.

Please speak with your psychologist about any concerns you may have about this fee increase, although this increase is effective July 1, 2021 each case will be assessed individually.

- The hourly rates also apply to report preparation, telephone consultations, letter writing and form completion.
- Fees for specialized services & treatments not listed on the above schedule may exceed the current recommended guidelines.

Please note that this increase is effective for Psychologist only – Social Worker fee will remain at the current \$160 per hour rate.

Thank you,

TNPS Management team